

# Living in Freedom: Know the Love of God

## Week 1

### Mission Statement:

To empower women to live a life of freedom based on God's love and promises.

**Purpose:** Every woman has a specific, God-given purpose and the devil will do everything he can to keep us from that purpose.

**Overview:** This Bible study will give us:

- The tools to overcome anything that is hindering us from living the life that Jesus died for us to have!
- A safe place to share your heart with other women.
- Relationships as we walk through this journey together and revive all of our God-given hopes and dreams.

Freedom begins with a decision to press forward into God's perfect plan for your life. No matter the circumstances, keep your eyes on the prize.

### Know the Love of God

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“And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.”

Ephesians 3:17-20 (NIV)

## Where Do You Place Your Value?

- Relationships (boyfriend, husband)
- Friendships
- Possessions (bigger home, nicer car)
- Financial Status
- Body image (unhappy with your physical appearance, excessively)
- Acceptance (constantly working for people to approve and accept you)
- Being a Mom
- Marriage/family (whether you have it or not)
- Other \_\_\_\_\_

I will be happy when \_\_\_\_\_

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## **Homework/Quiet Time: Practice Listening to the Holy Spirit**

“My sheep hear my voice, and I know them, and they follow me.”  
John 10:27 (ESV)

“When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come”.  
John 16:13 (ESV)

**Pray this prayer out loud before beginning this Holy Spirit prayer time.**

Father, I come to You today offering everything of myself before You. I want You to mold me into everything You are. Help me to quiet myself in Your presence so that I may hear You clearly. Thank You that I am Your sheep and I hear my Shepherd's voice (John 10:27) and I know Your voice. Holy Spirit, please quiet any voice of the demonic that may try to interfere in the name of my Lord Jesus Christ. Thank You for Your pure and perfect love for me.

1) Ask the Holy Spirit if there are things in your past that He still wants to heal. Quiet your mind and write down everything that you hear.

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**Meditate on the below scripture and speak out loud daily  
(Meditate on the sacrifice of Jesus)**

“And I pray that you, being rooted and established in love, may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.”  
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