

# Living in Freedom: Identity in Christ

## Week 5

**Overview:** We are going to look at what it means to find our true identity in Jesus and who God says we are. As women, we tend to look for our value in all the wrong places. We will find out what it means to have true confidence, not in ourselves, but in the power of God that lives inside of us. This is the next step to being empowered, to live out our God-given purpose on the earth and live it out in true victory. The enemy knows our true identity and works overtime to try to steal it from us. We can be born again and not benefit from what we have inherited; the free gift God has given us. When you know your true identity, strongholds and bondages will no longer defeat you. The revelation of the power that lives inside of you will rise up and break down any stronghold/bondage. This power is alive and active at all times, but it's our duty to activate our faith in this area by meditating on the truth and allowing it to become revelation/reality.

**True identity starts with knowing you have been made righteous, which creates true intimacy with your Father.**

**Restoring what Adam lost:**

“Because one person disobeyed God, many became sinners. But because one other person obeyed God, many will be made righteous.”

Romans 5:19 NLT

“And so, dear brothers and sisters, we can boldly enter heaven’s Most Holy Place because of the blood of Jesus. By his death, Jesus opened a new and life-giving way through the curtain into the Most Holy Place. And since we have a great High Priest who rules over God’s house, let us go right into the presence of God with sincere hearts fully trusting him. For our guilty consciences have been sprinkled with Christ’s blood to make us clean, and our bodies have been washed with pure water.”

Hebrews 10:19-22

## Righteousness vs. Self-righteousness

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“But now God has shown us a way to be made right with him without keeping the requirements of the law, as was promised in the writings of Moses and the prophets long ago. We are made right with God by placing our faith in Jesus Christ. And this is true for everyone who believes, no matter who we are. For everyone has sinned; we all fall short of God’s glorious standard. Yet God freely and graciously declares that we are righteous. He did this through Christ Jesus when he freed us from the penalty for our sins. For God presented Jesus as the sacrifice for sin. People are made right with God when they believe that Jesus sacrificed his life, shedding his blood. This sacrifice shows that God was being fair when he held back and did not punish those who sinned in times past, for he was looking ahead and including them in what he would do in this present time. God did this to demonstrate his righteousness, for he himself is fair and just, and he declares sinners to be right in his sight when they believe in Jesus.”

Romans 3:21-26 NLT

## Protecting this Truth

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“And when He comes, He will convict and convince the world and bring demonstration to it about sin and about righteousness [uprightness of heart and right standing with God] and about judgment.”

John 16:8 (AMP)

“throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.”

Ephesians 4:22-24 NLT

## Applying this Truth to our Lives

“For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom. So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image.”

2 Corinthians 3:17-18 NLT

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### Areas where we find identity

- Physical looks
- Attention from men
- Relationships
- The opinions of others
- Ministry
- Family/children
- Money
- Possessions
- Attention
- Status
- Food
- Work
- Diagnosis
- Other areas

## **Homework/Quiet Time: Practice Listening to the Holy Spirit**

**Pray this prayer out loud before beginning this Holy Spirit prayer time.**

Father, I come to You today offering everything of myself before You. I want You to mold me into everything You are. Help me to quiet myself in Your presence so that I may hear You clearly. Thank You that I am Your sheep and I hear my Shepherd's voice (John 10:27) and I know Your voice. Holy Spirit, please quiet any voice of the demonic that may try to interfere in the name of my Lord Jesus Christ. Thank You for Your pure and perfect love for me.

1. Ask God what areas you have found your worth and identity in.

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2. Ask God to show you if there is a fear of rejection has hindered you in this area. Are you looking for approval? (Do you hide who you really are? Behind masks of insecurities)

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3. Please reveal to me what someone said or something happened to me, that has distorted my view of myself. (Write the person's name or event attached and the words spoken).

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4. God please reveal to me lies I have believed, because of that event or person.

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5. God, please reveal to me the areas in which I will see transformation once I have true healing in the areas that have hindered me in being able to see myself the way you do; made in Your image, through Jesus, perfect and complete!

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